

SERENA

Teachers of *Natural Family Planning*



- SERENA offers a comprehensive course on the SYMPTO-THERMAL METHOD of natural family planning.
- Next Classes: **Monday, September 25th 2017,** 7:00 pm – 9:30 pm
Saturday, November 25th 2017, 10:00 am – noon
- Registration Fee: \$150.00 per couple
(includes instruction and all required materials)
- Contact us to register or to find out more
Email: mbserena@gmail.com
Call or text (204) 783-0091 or toll free 1-866-317-5362