

PARTICIPANT PACKING LIST

NOTES:

- Advice – take the minimum; pack lightly
- Important – be sure to bring along a copy of your family health insurance card

CLOTHES:

Jeans or casual pants
Shorts
T-Shirts/short-sleeve shirts
Long-sleeve/sweatshirts
Lightweight jacket/sweater
Sleepwear
Socks
Underwear
Shoes

*Note: Please make sure that your clothing is appropriate for a co-ed, Christian program.

PERSONAL NEEDS:

Toothbrush/toothpaste
Comb/brush/hairdryer
Soap/shampoo/deodorant/towel/washcloth
Medications (consider non-prescription medications for headaches, stomach upset, colds, etc.)
Sunscreen, sunglasses

OTHER:

Bible
Journal/notebook/pens
Raingear/umbrella
Flashlight
(optional) Spending money
Camera/film

PLEASE DO **NOT** BRING:

Electronic games
CD Players/MP3 Players
Expensive clothing, jewelry and equipment

PARISH/SCHOOL TEAM PACKING LIST:

Basic first aid kit for traveling
Favourite board games
Musical instruments and songbooks
CDs, prayer books, and other resources for planning prayers and socials
Free time resources: balls, games, activity supplies
Snacks for evening socials to share with entire YouthLeader group (*to be arranged with your adult leader*)