

3rd SUNDAY OF LENT

Renewal

KEEPING IT REAL

Transforming our Lives in Lent



Heart of Love

God of love, source of all blessings, help me this week to remove the negative things in my life. May I grow in the knowledge of the amazing gifts you have given me. Teach me to share the gift of myself with others and be true to the person you call me to be. Amen

Act of Love

Our souls are like a closet of clothes. Every now and then we need to clean out those things we do not need. Take time this week to clean your soul of bad habits and build on those great gifts and characteristics that God has given you. Keep it real this week!

Word of Love

The parable of the Barren Fig Tree (Lk 13:6-9) is a rather harsh story, but has an important message. Jesus is teaching us that there are many good things about us and some things we need to get rid of in our life. We must discern what gives our soul life and what is hindering our soul from growing. Basically, Jesus is asking us to do a spring cleaning of our souls. So, we first need to clean out our dirty characteristics and vices we all have inside. Second, we need to pay a little more attention to our souls (i.e. praying and service to others). Third, make the choice to use this spring cleaning for the betterment of our life. By doing this, we have allowed our tree of life to be pruned of the bad parts and strengthened the fruits of our souls.

Reflection:

Discuss with friends/family some ways Jesus invites you to renew your spiritual life. Share with your friends/family the gifts they give to you.